

# Meetings

How to Make Them More Efficient and Effective



Self-Guided Learning Program

## **Overview**



#### Introduction

#### Meeting Statistics<sup>i</sup>

- 9 out of ten people admit to daydreaming in meetings.
- 63% of meetings in the U.S. don't have prepared agendas.
- 49% of participants consider unfocused meetings to be the biggest timewaster in the workplace.
- On an average day, there are 17 million meetings in the U.S.
- During an average meeting, agenda items take up 53% of the meeting time while the rest of the time (47%) is spent on unproductive, unplanned issues.
- It is estimated that Fortune 500 companies waste \$75 million per year in unproductive meeting time.





### **Test Your Knowledge**

Read the question, then click on the answer.

Which of the following meeting alternatives is the most useful for heading off potential problems affecting a particular group or unit?

A. Technology/social media

B. Huddles

C. Office hours

D. Open house

